

# Madeline A. August, Ph.D.

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## Education

- Ph.D. Clinical Psychology (APA accredited)  
The New School for Social Research, New York, NY, August 2018  
Dissertation: Exploring the relationship between therapist experientially grounded reflection and psychotherapy process and outcome.  
Advisor: Jeremy Safran, Ph.D.
- M.A. Psychology with concentration in Mental Health and Substance Abuse Counseling  
The New School for Social Research, New York, NY, May 2013
- B.A. *Cum Laude* Psychology, Hobart and William Smith Colleges, Geneva, NY, May 2011
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## Honors and Awards

- *Merit Based Academic Scholarship*, 2011-2018, The New School Clinical Psychology Department
  - *University Fellowship Award*, Full Tuition Scholarship, 2014-15. The New School Psychology Department
  - *Stephanie Christie 82' Memorial Prize*, Hobart and William Smith Colleges, Spring 2011. Psychology department award given to individual who has shown dedication to serving individuals with special needs.
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## Clinical Experience

### Genesee Valley Psychology (GVP), Rochester, NY

2019-present

Director of Supervision and Training

- Caseload of individual psychotherapy clients (primarily PTSD, co-occurring PTSD/OCD, SUD)
- Weekly individual and group supervision of staff, post-doctoral fellows and practicum students
- Responsible for all administration related to training program, including liaison with training directors, coordination of didactic series, interview/hiring students and oversee supervisory processes at the clinic
- Participation in OCD/PTSD Research Team

### The Road Home Program; The Center for Veterans and Their Families at Rush

2018-2019

Postdoctoral Fellow and Instructor

- Conduct daily individual and group Cognitive Process Therapy for veteran's presenting with PTSD related to combat and military sexual trauma as part of three week intensive outpatient program
- Facilitate group for veterans and family members; FOCUS Family Treatment, interpersonal communication, PTSD psychoeducation, Cognitive Processing Therapy, sexual trauma disclosures and substance use
- Individual outpatient psychotherapy for veterans and family members
- Provided psychotherapy for homeless youth through partnership with The Night Ministry non-for-profit
- **Supervisors:** Brian Klassen, Ph.D., Ashton Lofgreen, Ph.D. & Michael Brennan, PsyD, ABPP

**Jesse Brown VA Medical Center, Chicago, IL**  
Psychology Intern

**2017-2018**

*Substance Abuse Residential Rehabilitation Program*

- Facilitate groups: CBT for Relapse Prevention and Seeking Safety on residential unit
- Individual SUD focused psychotherapy integrating Motivational Interviewing, CBT for Relapse Prevention and trauma-focused psychotherapy
- **Supervisor:** D. Ryan Hooper, Ph.D.

*Post-Traumatic Stress Disorder Treatment and Recovery Clinic*

- Conduct evidence based trauma-focused psychotherapy utilizing Cognitive Processing Therapy and Prolonged Exposure treatments for patients diagnosed with PTSD
- Facilitate 'PTSD Clinic Briefing' group for new patients focused on psychoeducation
- **Supervisors:** Michael Krage, Psy.D & Justin Greenstein, Ph.D.

*Psychiatric Admitting Clinic*

- Provide consultation, evaluation and treatment planning to patients at bedside in the emergency dept.
- Facilitate referrals to inpatient hospitalization, conduct risk assessments and liaise with ED team
- Conduct comprehensive diagnostic evaluations focused on referral to appropriate programs
- **Supervisors:** Rob Walters, Ph.D.

*Biofeedback Clinic*

- Conduct biofeedback training with monitoring of multiple modalities to assist patients in learning behavioral and cognitive skills to support psychophysiological management of anxiety and pain
- Supervisor: Susan Payvar, Ph.D.

*Performance Improvement/Systems Design Administration*

- Facilitate implementation and completion of system-level directives including open access scheduling
- Communicate initiatives effectively to Mental Health Service Line staff
- **Supervisor:** Kenneth A. Lehman, PhD

**Lenox Hill Hospital Outpatient Center for Mental Health, New York, NY**  
Psychology Extern

**2016-2017**

- Conducted individual psychotherapy with integrative treatments; psychodynamic, CBT, DBT
- Co-facilitated process group for patients recently discharged from hospital
- Completed neuropsychological testing battery and integrated report
- **Supervisors:** Jerome Kogan, Ph.D. Lenore Labi-Ades, Ph.D., Nadine Obeid, Ph.D., Ozlem Bekar, Ph.D., Inga Blom, Ph.D.

**The Brief Psychotherapy Research Program, New York, NY**  
Teaching Assistant

**2014-2017**

- Supervised and observed students performing intake interviews (SCID-I/ SCID-II, AAI)
- Aided in development and evaluation of case conceptualizations/presentations for MA level students
- Evaluated student dispositions of intakes to ensure appropriateness for program and provide referrals
- Conducted training and assess reliability of administration of Structured Clinical Interview for DSM-IV, supervised administration of The Adult Attachment Interview
- **Supervisor:** Christopher Christian, Ph.D

**The New School-Beth Israel Center for Clinical Training, New York, NY** **2013-2017**  
Advanced Psychology Extern

- Conducted CBT and dynamically informed treatment for patients as part of research study
- Attended weekly relational supervision from the Alliance Focused Training Model
- Received reliability rating feedback on video-taped sessions to ensure adherence to treatment model
- **Supervisors:** J. Christopher Muran, Ph.D., Jeremy Safran, Ph.D.; Catherine Eubanks; Vicki Gluhoski, Ph.D.

**Mt Sinai-Beth Israel Psychiatric Outpatient Services for Adults, New York, NY** **2015-2016**  
Psychology Extern

- Conducted psychotherapy for patients presenting with serious mental illness and personality pathology utilizing CBT and dynamic interventions
- Co-facilitated skills based stress managements group for patients with serious mental illness; integrating behavioral, mindfulness and supportive interventions
- **Supervisors:** Elizabeth Ochoa, Ph.D. & Stephen Schneider, Ph.D.

**Fordham College Counseling Center, New York, NY** **2015-2016**  
Psychology Extern

- Conducted individual time-limited (10 session) psychotherapy with college and graduate students through an integrative framework, drawing from relational and symptoms focused modalities
- Participated in substance abuse focused outreach events organized through the counseling center
- Attended weekly individual supervision, case conference and group supervision
- **Supervisor:** Philicia Rubin, Psy.D.

**The New School Counseling Center, New York, NY** **2014-2016**  
Student Testing Examiner

- Conducted multiple neuropsychological testing batteries, integrated reports and feedback sessions with counseling center population
- Conducted: Rorschach (Exner & RPAS), TAT, WAIS-IV, WMS-III, DKEFs, Nelson-Denny, Woodcock Johnson, WCS, CPT, WRAT, PAI
- **Supervisors:** Nadine Obeid, Ph.D.; Alexander Kriss, Ph.D., Ali Khadivi, Ph.D., James Root, Ph.D.

**VA NY Harbor Health Care System, Brooklyn, NY** **2014-2015**  
Psychology Extern

- Conducted individual psychotherapy with veterans suffering from severe mental illness and substance abuse
- Facilitated two process oriented psychotherapy groups (PTSD for Vietnam Veterans and substance abuse)
- **Supervisors:** Melissa Magnotti, Ph.D. & Wayne Ayers, Ph.D.

**The New School-Beth Israel Center for Clinical Training, New York, NY** **2013-2014**  
Psychology Extern

- Co-facilitated two interpersonally focused psychotherapy groups with dual-diagnosis, inpatient population  
Group topics include: building motivation, emotions, harm reduction and interpersonal skills
- Participated in weekly supervision and rounds with multidisciplinary team
- **Supervisors:** Melanie Mulligan, Ph.D. & Christopher Christian, Ph.D.

**New York State Harm Reduction Educators, New York, NY**  
Harm Reduction Counselor Extern

**2012- 2012**

- Performed intake assessment, motivational interviewing, case management, and psychosocial interventions with an underserved population currently using substances through a harm reduction approach
- **Supervisors:** Johanna Briar, LCSW

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### **Research Experience**

**Genesee Valley Psychology, Rochester, NY**

**2019-Present**

- Member of OCD/PTSD Research Team
- Participation in development of assessment process to explore comorbid OCD/PTSD presentation
- Attend OCD/PTSD Consortium meetings

**The Brief Psychotherapy Research Program, Beth Israel Medical Center, New York, NY**

**2015-2017**

Clinical Manager

- Oversaw and managed clinical and administrative activities and personnel in large clinical research program
- Coordinated case assignments for externs, interns and medical residents
- Acted as student liaison between NIMH grant funded study and Mt. Sinai Beth Israel Medical Center
- **Supervisors:** Jeremy Safran, PhD.; J. Christopher Muran, Ph.D.; Catherine F. Eubanks, Ph.D.

**The Brief Psychotherapy Research Program, Beth Israel Medical Center, New York, NY**

**2011-2015**

Tracking Supervisor

- Oversaw management of all incoming paper data and supervise team of research assistants
- Trained research assistants in 'Experiencing Scale' coding group for doctoral dissertation research
- Facilitated in-person interviews with patients and therapists about their experiences in psychotherapy
- Administered phone screens and psychosocial evaluations (SCID-I, SCID-II, Adult Attachment Interview, Patient-Therapist Relationship Interviews)
- **Supervisor:** Jeremy Safran, Ph.D.

**Hobart and William Smith Colleges, Department of Psychology, Geneva, NY**

**2010-2011**

Summer Science Research Scholar/ Independent Study Researcher

- Collaborated on NIH Grant and manuscript preparation and submission
- Aided in formulation of project aims and methodology, recruitment, data collection, data entry & analysis
- Examined psychosocial factors that may predict changes in health behaviors and alcohol use in first-year college students
- *Associations of mood and anxiety disorders with obesity: Comparisons by ethnicity* (see below)
- **Supervisor:** Jamie Bodenlos, Ph.D.

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## Teaching Experience

Spring 2021 **Adjunct Instructor**, University of Rochester  
*Ethical Issues in Psychology (CSP 501)*

### *Invited Lectures and Didactics*

January 2018 **Lecturer**  
Externship Program, Jesse Brown VA Medical Center  
*Therapist Self-Reflection; A review of research, theory and practical applications*

May 2019 **Lecturer**  
The Road Home Program, Rush University Medical Center  
*The Therapeutic Alliance and Therapy Ruptures; Considerations for Trauma Focused Treatment*

May 2020 **Guest Lecturer**  
Advanced Topics Seminar, University of Rochester Medical Center Internship Program  
*Evidenced Based Practices for Post-Traumatic Stress Disorder*

May 2020 **Guest Lecturer**  
Advanced Topics Seminar, University of Rochester Medical Center Internship Program  
*Cognitive Processing Therapy: The Basics*

July 2020 **Guest Lecturer**  
Theories of Personality and Psychotherapy (PSY 181), University of Rochester  
*Treatment of Post-Traumatic Stress Disorder*

January 2021 **Guest Lecturer**  
Advanced Topics Seminar, University of Rochester Medical Center Internship Program  
*Evidenced Based Practices for Post-Traumatic Stress Disorder*

January 2021 **Guest Lecturer**  
Advanced Topics Seminar, University of Rochester Medical Center Internship Program  
*Cognitive Processing Therapy: The Basics*

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## Scholarly Productivity

### *Journal Articles*

Bodenlos, J.S., Lemon, S.C., Schneider, K.L., **August, M.**, & Pagoto, S.L. (2011) Associations of mood and anxiety disorders with obesity: Comparisons by ethnicity. *Journal of Psychosomatic Research*, 71, 319-324.

Wadsworth, L. P., Van Kirk, N., **August, M.**, Kelly J. M., Jackson, F., Nelson, J., & Luehrs, R. (*in press*). Understanding the overlap between OCD and trauma: Development of the OCD Trauma Timeline Interview (OTTI) for clinical settings. *Current Psychology*.

### *Conference Presentations*

**August, M.**, Safran, J., Muran, J.C., Eubanks, C. (2016, November). *Exploring the relationship between therapist experientially grounded reflection and psychotherapy ruptures*. Panel presentation at North American Society for Psychotherapy Research, Berkeley, CA.

**August, M.**, Safran, J. (2015, June). *Exploring the relationship between therapist experientially grounded reflection and psychotherapy process and outcome measures*. Panel presentation at International Society for Psychotherapy Research, Philadelphia, PA.

### *Poster Presentations*

Babione, J., D'Agostino, J., **August, M.**, Matt, L., Osorno, R., Rynar, L. (2017, October). *Continuous traumatic stress: considerations in PTSD diagnosis and treatment with military veterans living in Chicago*. Poster presentation at The Adler University Multifaceted Themes of Diversity Conference, Chicago, IL.

**August, M.** & Safran, J. (2013, October). *Comparing two methods of therapist self-report rupture detection: Shewhart Control Chart methods versus single item self-report*. Poster presentation at North American Society for Psychotherapy Research, Memphis, TN.

Bodenlos, J.S., **August, M.**, Jordan, A., Green, W. & Wormuth, B. (2012, April). *The Relationship of alcohol consumption and social support with weight gain over the first year of college*. Poster presentation at the Society of Behavioral Medicine, New Orleans, LA.

Bodenlos, J., **August, M.**, Jordan, A. (2011, November). *Psychosocial Predictors of Weight Gain in College First Years*. Poster presentation at the annual Association of Behavioral and Cognitive Therapy Conference, Toronto, ON, Canada.

Bodenlos, J., Lemon, S., Schneider, K., **August, M.**, Pagoto, S. (2011, April). *Ethnic Differences in the Association of Mood and Anxiety Disorders with Obesity*. Poster presentation at Society of Behavioral Medicine Conference, Washington, D.C.

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*References available upon request*